



Adult Coloring Journal: Al-Anon (Animal Illustrations, La Fleur) (Paperback)

By Courtney Wegner

Adult Coloring Journal Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts - 40 expression pages for jotting down personal reflections, quotes, poems or sketches - 40 professionally illustrated adult coloring images of varying difficulty - High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.

DOWNLOAD



READ ONLINE
[4.42 MB]

Reviews

This publication will be worth purchasing. This is for all those who statte there was not a worthy of reading through. I discovered this publication from my dad and i suggested this pdf to find out.

-- **Macey Cummerata**

The ideal pdf i at any time go through. It can be loaded with knowledge and wisdom Its been developed in an exceedingly straightforward way and it is just soon after i finished reading through this pdf by which basically altered me, affect the way i really believe.

-- **Seth Treutel II**